

## Fitness Equipment Bid # 16-19

### 1.0 Project Scope

1.1 The scope of work of the project is to provide Middlesex County College with athletic equipment for the Fitness Center located in the Physical Education Center as specified in Exhibit A.

1.2 Equipment is inclusive of cardiovascular and strengthening equipment; it will complement and/or replace the existing equipment in the Fitness Center. The equipment will be located on the first floor of the Physical Education Center.

1.3 The bidder shall deliver and professional install all the equipment in Exhibit A.

1.4 The bidder shall provide on-site training to the athletic staff to ensure proper usage of the equipment. Bidder shall also confirm that refresher training is available online.

### 2.0 Equipment Specification

2.1 The bidder is to provide brand name product(s) as identified in this RFP or equivalent substitute(s). When recommending a product substitute the bidder must include in the RFP submission a detailed comparative analysis of the brand product and the equivalent substitute product.

2.2 The College reserves the right, at its sole discretion, to reject any substitute product(s) which in its opinion are not equal.

### 3.0 Quality Assurance

3.1 Bidder shall provide documentation and ensure that all provided equipment meets certification and guidelines of ASTM F2276 "Active Standard Specification for Fitness Equipment." Bidder shall reference ASTM for additional information and provide a copy of their certificate of conformity.

3.2 Bidder shall confirm if the equipment has been subject to recall and or settlement with the Consumer Product and Safety Commission within the past three (3) years.

3.3 All equipment and accessories (if applicable) shall meet or exceed all established codes, standards and certifications with respect to the durability, performance, and life safety, including all applicable OSHA requirements.

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#### **4.0 Warranty**

4.1 The bidder shall supply the manufacturer's warranty for all equipment. The bidder themselves shall supply a twelve (12) month labor and parts warranty, for all equipment listed in Exhibit A.

#### **5.0 Delivery and Installation**

5.1 It is expected that the delivery and installation shall be prior to the start of the fall semester, which starts Tuesday September 8, 2015.

5.2 A plan detailing the layout is attached as Exhibit B and Exhibit B- with existing equipment. The bidder shall review the site and confirm that the proposed layout meets the current manufacturer's safety recommendations.

5.3 All connectivity including electrical, cable TV and Ethernet cables will be supplied by the college. It will be in place at time of delivery.

5.4 The bidder shall provide spotted deliveries. The spotted delivery shall include supply, FOB destination delivery, uncrating, rigging, putting in place, assembly, installation, connection for use and removal of debris.

5.5 The bidder shall remove the five (5) existing working treadmills and move to the College Warehouse. The bidder shall remove and dispose of the non-working treadmill at no cost to the College.

5.6 Alternate #1: The bidder shall remove the five (5) existing working treadmills and provide a trade in value for each unit.

5.7 The bidder shall identify any subcontractors which would be used to perform this project.

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## EXHIBIT A

### **1. Life Fitness 95TE Elevation series with Discover SE Wifi Console**

#### **Commercial Treadmill:**

- 19" Integrated Surface Touch Screen
- Screen protection to safeguard console
- Fully welded steel frame
- 22" x 60" running surface
- Belt and deck system include 8 shock absorbers
- Lubricant-infused belt system
- Speed range .5-14 MPH, incline 0-15%
- 4 HP (8 HP peak) AC motor
- Six interactive courses
- Ability to personalize console with school Logo, background image and scrolling message
- Asset Management, Personalization and Customization via network
- Apple and Android Smartphone compatibility
- Ethernet compatibility, internet with open browsing
- Personal I.D. via Smartphone, PIN, and USB
- Ability to read books and class notes on console through USB port
- USB compatibility- create and store workouts, listen to music or lectures on any USB stick
- Free access to vendor website to manage data and workouts
- Interactive workout views (Mountain, 400 Meter Track, 5K Nature Trail)
- Walk, Jog, Run, incline and speed controls located at finger tips;
- Digital heart rate monitor
- 18 language options
- 400 pound maximum user weight
- 2 removable cup holders
- Arctic silver
- 80"L x 37"W x 62.25"H, 452 lbs

### **2. Life Fitness 95RE Elevation series with Discover SE Wifi Console**

#### **Commercial Recumbent Bike:**

- 16" Integrated Surface Capacitive Touch Screen
- Screen protection to safeguard console
- Step through design
- 25 resistance levels
- Adjust resistance located on side handlebar

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- Six interactive courses
- Ability to personalize console with school Logo, background image and scrolling message
- Asset Management, Personalization and Customization via network
- Apple and Android Smartphone compatibility
- Ethernet compatibility, internet with open browsing
- Ability to read books and class notes on console through USB port
- USB compatibility- create and store workouts, listen to music or lectures on any USB stick
- Free access to vendor website to manage workouts and data
- Workout views (Mountain, 400 Meter Track, 5K Nature Trail)
- 18 language options
- 400 pound maximum user weight
- 1 removable cup holders
- Arctic silver
- 65”L x 27”W x 53”H, 214 lbs

### **3. Precor UBK 835 Upright Bike**

- 15” LED viewing screen
- 2 stage drive system
- Belt drive
- 3- phase generator to power screen
- Integrated transport wheels
- 25 resistance levels
- Digital heart rate monitor on handlebars
- 7 language options
- 350 pound maximum user weight
- 48”L x 21”W x 72”H, 160 lbs

### **4. Precor EFX 835 Elliptical Fitness Crosstrainer**

- 15” LED viewing screen
- Adjustable ramp inclines 13-40%
- Moving handlebars
- Extruded aluminum track
- Double polyurethane wheels with sealed bearings
- 15 preset programs
- 20 resistance levels
- Digital heart rate monitor
- 7 language options
- Integrated transport wheels
- 350 pound maximum user weight
- 48”L x 21”W x 72”H, 160 lbs

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**5. Precor Icarian 320 Dip Chin Assist Machine**

- 11 and 7 gauge 2" x 4" bent steel tubing frame
- Linear bearing mechanism
- Flip-down knee pad
- Heat cured powder coat frame finish
- Frame color Gloss White
- Fire resistant upholstery double layer in wear areas
- Double stitched seams
- Upholstery color Royal Blue
- Stack weight 200 lbs
- 61"L x 54"W x 93"H, 635 lbs

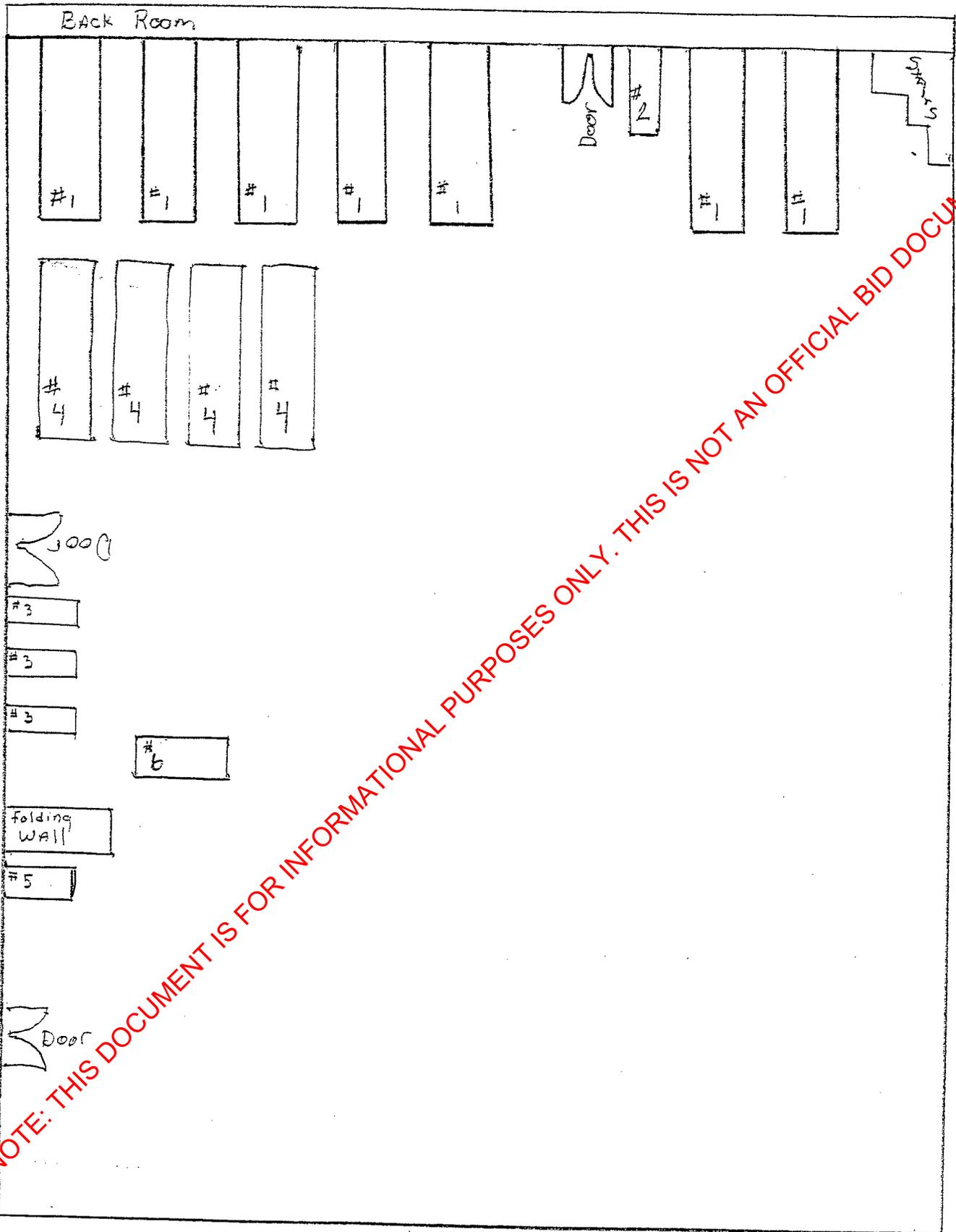
**6. Ab Coaster CS3000**

- Steel frame
- Stainless steel rails
- Nylon rollers
- Sealed bearings
- Adjustable hand grips
- Molded foam arm pads
- 450 pound maximum user weight
- 61"L x 33"W x 58"H, 150 lbs

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# Fitness Center New Equipment

EXHIBIT B



# 1 = New treadmills

# 2 = New recumbent bike

# 3 = New upright bikes

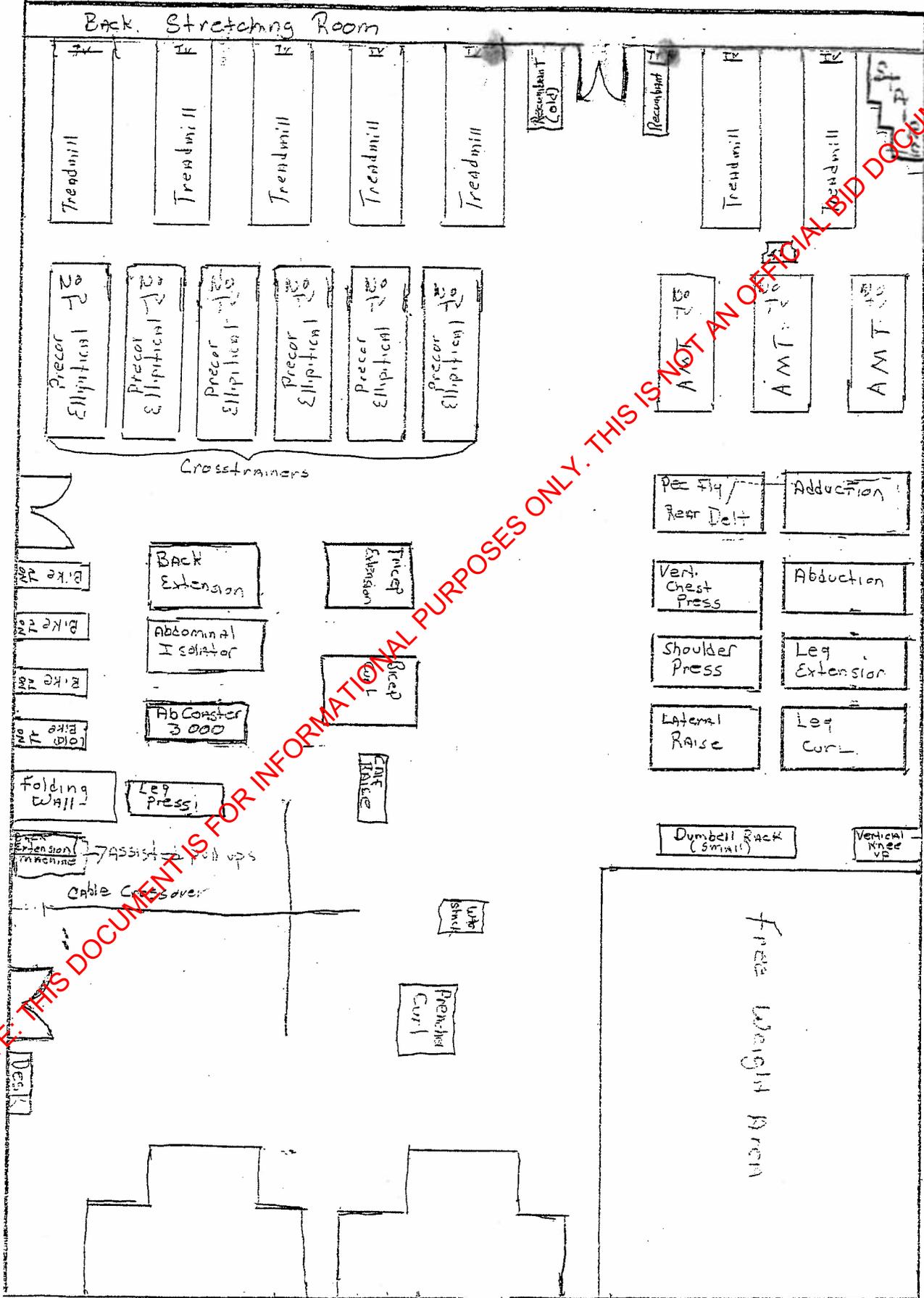
# 4 = Ellipticals - Crosstrainers

# 5 = Assisted chin/dip

# 6 = Ab Coaster

# Fitness Center

Exhibit B-1

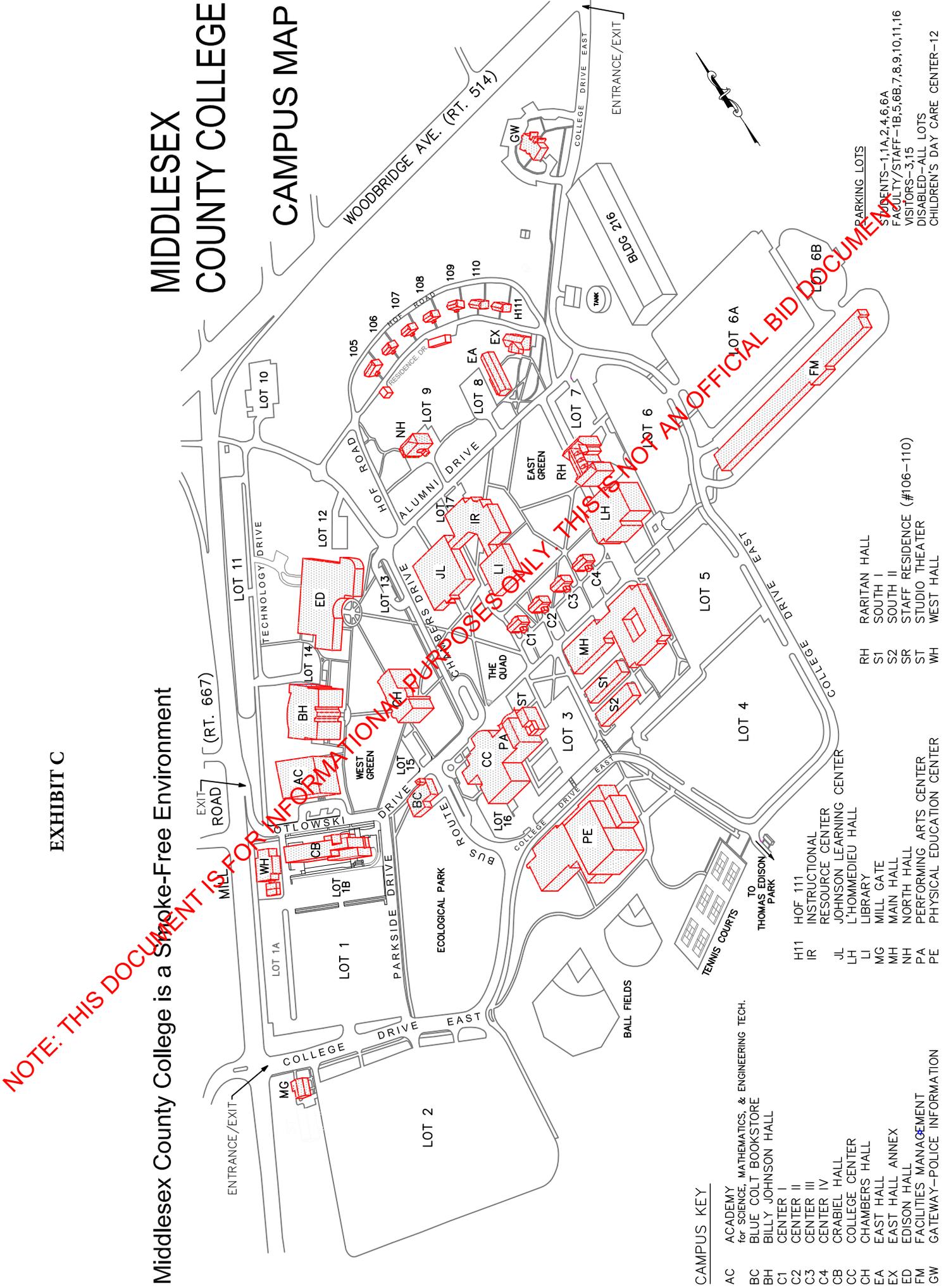


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EXHIBIT C

Middlesex County College is a Smoke-Free Environment

MIDDLESEX COUNTY COLLEGE CAMPUS MAP



CAMPUS KEY

- AC ACADEMY for SCIENCE, MATHEMATICS, & ENGINEERING TECH.
- BC BLUE COLT BOOKSTORE
- BH BILLY JOHNSON HALL
- C1 CENTER I
- C2 CENTER II
- C3 CENTER III
- C4 CENTER IV
- CB CRABIEL HALL
- CC COLLEGE CENTER
- CH CHAMBERS HALL
- EA EAST HALL
- EX EAST HALL ANNEX
- ED EDISON HALL
- FM FACILITIES MANAGEMENT
- GW GATEWAY-POLICE INFORMATION
- H11 HOF 111
- IR INSTRUCTIONAL RESOURCE CENTER
- JL JOHNSON LEARNING CENTER
- LH L'HOMMEDIU HALL
- LI LIBRARY
- MG MILL GATE
- MH MAIN HALL
- NH NORTH HALL
- PA PERFORMING ARTS CENTER
- PE PHYSICAL EDUCATION CENTER
- RH RARITAN HALL
- S1 SOUTH I
- S2 SOUTH II
- SR STAFF RESIDENCE (#106-110)
- ST STUDIO THEATER
- WH WEST HALL

PARKING LOTS

- STUDENTS-1,1A,2,4,6,6A
- FACULTY/STAFF-1B,5,6B,7,8,9,10,11,16
- VISITORS-3,15
- DISABLED-ALL LOTS
- CHILDREN'S DAY CARE CENTER-12

Bid # 16-19 Fitness Equipment  
Form of Proposal

DESCRIPTION

ITM #	DESCRIPTION					
1	Life Fitness 95TE Treadmill	each	7			
2	Life Fitness 95RE Bike	each	1			
3	Precor UBK 835 Upright Bike	each	3			
4	Precor EFX 835 Elliptical Fitness Cross Trainer	each	4			
5	Precor Icarian 320 Dip Chin Assist Machine	each	1			
6	Ab Coaster CS3000	each	1			
7	Alt: No. 1 Trade In Value Removal of Five existing working treadmills	each	5			

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