

**PASSPORT TO SUCCESS - Owing the Journey**  
**EOF MANDATORY WORKSHOPS**

Don't forget to complete your workshop survey, your feedback is appreciated!

**Define Your Destination** (Program Launch and Goal Setting)

*Presented by Flora Stowe*

Thur., Sept. 7

2:00pm – 3:20pm, IRC 105

Mon., Sept. 18

11:00am – 12:20pm, JLC222

Thur., Sept. 28

2:00pm – 3:20pm, IRC 105

**Document Check Point** (How to Assess Your Performance)

*Presented by Flora Stowe*

Thur., Sept. 14

2:00pm – 3:20pm, IRC 105

Mon., Sept. 25

11:00am – 12:20pm, JLC222

Thur., Oct. 5

2:00pm – 3:20pm, IRC 105

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## Keys to Transition (Choose 2)

### **APPS: Solutions for College Success**

Using Mobile Apps and Internet Resources for Time-management, Note-taking, Group Work, Budgeting and More ...

*Facilitated by Louis Marius*

Thur., Oct. 12

2:00 – 3:20pm, IRC 105

### **EOF Student Panel: What I learned after my first year...**

Learn directly from upper-class EOF students about what it takes to be successful at Middlesex County College. They will offer tips and tricks that could make your time here easier and more productive.

*Facilitated by Hema Patel*

Thur., Oct. 19

2:00 – 3:20pm, IRC 105

### **Health Tech Check**

(Preparation and Application for Health Technology majors)

*Presented by Desiree Brower, Admissions Counselor*

Mon., Oct. 23

11:00 – 12:20pm, JLC 222

### **EOF: Fun & Games**

Play games that will enable you to be a stronger student, develop your communication skills, and meet new EOF friends.

*Facilitated by Hema Patel*

Thur., Nov. 9

2:00 – 3:20pm, IRC 105

## **Cultural Leadership**

### **What's Your Super Hero Strength?**

Identify the special talents, gifts and abilities that you have to help you succeed in college, career and life.

*Presented by Flora Stowe*

Thur., Oct. 26

2:00 – 3:20pm, IRC 105

### **A Cultural Narrative**

A cultural narrative is a story about individuals and groups presenting their perspective on identity, values, principles and traditions. This workshop will help students construct their narrative in relation to college leadership, campus engagement and student success.

*Presented by Victor Vega*

Mon., Nov. 13

2:00 – 3:20pm, IRC 128

### **Master Student**

A master student is a person who has achieved a high level of expertise in their field through learning and experience. This workshop will help students understand the characteristics of a master student in order to broaden their leadership development.

*Presented by Victor Vega*

Mon., Nov. 20

11:00 – 12:20pm, IRC 128

## **EOF WORKSHOPS**

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