

Additional Instructions

In accordance with New Jersey law, all students carrying 12 or more credits who are 30 years of age or younger are required to submit a record of immunization against measles, mumps, rubella, and hepatitis B. Your immunization record may be obtained from your personal physician, from school records or from military records. **If you cannot provide the form on the other side completed by your healthcare provider you must obtain proof of vaccinations from whomever and wherever they were administered.** These records should be submitted to the Health and Safety Office. Failure to comply with this requirement will prevent you from registering for your next semester.

Required immunizations are:

- Measles (2): The first dose must have been given after 1968 and after your first birthday (up to 4 days before is allowed). The second dose must have been given at least 30 days after the first dose
- Mumps (1): Given after your first birthday (up to 4 days before is allowed).
- Rubella (1): Given after your first birthday (up to 4 days before is allowed).

The vaccine may have been given for each disease separately, or it may have been given in combination form as an MMR injection. MMR injections given prior to your first birthday do not meet the requirement.

- Hepatitis B: A series of two or three shots given over a six-month period. The number of shots required depends on your age when they were received. Your healthcare provider can give you more details.

Acceptable proof can be:

- A record from your physician; or
- A school record; or
- A public health department document.

The proof must be a document that specifies month, day and year of immunizations or the results of blood tests (titer) showing immunity to each one of the diseases (measles, mumps, rubella, and hepatitis. Your name and birthdate must be on the record and include your student number on the form.

Two exemptions are allowed and must be certified as prescribed by law. They are:

- Medical reasons, such as immunosuppression issues, pregnancy or allergic reaction to neomycin; or
- Religious beliefs.

You must fill out a request for exemption for either reason. If a medical exemption, a note from the physician is required stating the nature of the medical condition that is preventing the immunization and the time after which the student may receive the vaccine, unless it is a permanent condition, such as being allergic to the vaccine.

For a religious exemption, you must fill out a request for exemption and state how the administration of the vaccine interferes with your religious beliefs.

The Request for Exemption Form is available at www.middlesexcc.edu/health-safety/